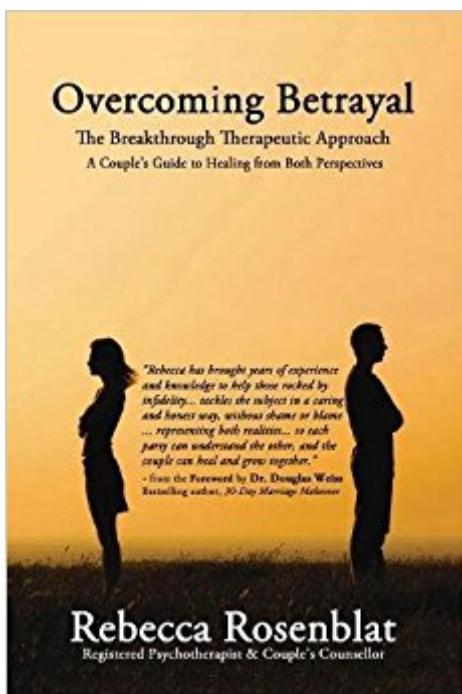


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Overcoming Betrayal: The Breakthrough Therapeutic Approach - A Couple's Guide To Healing From Both Perspectives



Synopsis

About the Author of Overcoming Betrayal: Rebecca Rosenblat, Registered Psychotherapist, Life Coach, Certified Sex Addiction & Trauma Counselor, and Sex Therapist, is a critically acclaimed relationship & sexuality expert. Rebecca has reached millions as the host of TV and radio shows and as the author of seven books and hundreds of advice columns and articles. She's also a clinical associate and private practitioner helping individuals and couples to heal and grow. "When a betrayal rocks a relationship - be it due to an affair or sex addiction - the couple needs to work together to get through it. But feeling hurt, upset, and afraid dissuades both parties from being exposed and vulnerable to each other - the very ingredients that are critical to healing. This book is intended to bring both parties together, by understanding each other's mindset, feeling each other's pain, and finding the answers that couples look for when their world has been blown apart." - Rebecca Rosenblat, psychotherapist, relationship-sexuality therapist, best-selling author and TV host. "I appreciated Rebecca's openness to discuss infidelity from both perspectives. I believe she's the first to walk through the process holding both realities together, while doing an amazing job informing couples of issues to address, as well as giving them a roadmap to address these issues. Anyone who has experienced infidelity would do well to read Overcoming Betrayal." Dr. Douglas Weiss, President of the American Association for Sex Addiction Therapy (AASAT) With Overcoming Betrayal, Rebecca provides a look at infidelity in a committed relationship, examining both sides with intelligence and compassion... a recipe for healing and rebuilding relationship trust." Robert Weiss, Author of Sex Addiction 101. "Rebecca captures the true essence of infidelity from both sides. She unfolds the personal stories of pain, sadness, grief, healing-rebuilding. This book is a gift to all couples working through infidelity." Debbie Allen, Certified Sex Addiction Therapist ..". a bridge of peace and hope. An intelligent read for therapists and a must-read for couples who find themselves in this situation."- Mark Laing, Psychotherapist ..". opened up my world to becoming a better person... My partner now has a book that answers her questions."- WS, In recovery

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Customer Reviews

With Overcoming Betrayal, Rebecca provides a look at infidelity in a committed relationship, examining both sides with intelligence and compassion... a recipe for healing and rebuilding relationship trust." Robert Weiss, Author of Sex Addiction 101. "Rebecca captures the true essence of infidelity from both sides. She unfolds the personal stories of pain, sadness, grief, healing-rebuilding. This book is a gift to all couples working through infidelity." Debbie Allen, Certified Sex Addiction Therapist ..". a bridge of peace and hope. An intelligent read for therapists and a must-read for couples who find themselves in this situation."- Mark Laing, Psychotherapist Rebecca presents, in the fairest way that I have read to date, his side of the issues as well as hers. Rebecca takes this balanced approach without shame or blame, in a genuinely caring and honest way, where each person can see where they are and grow. I appreciated Rebecca's openness to discuss infidelity from both perspectives of an affair and as a result of an addiction. As well, I believe Rebecca is the first to walk through this process holding both realities together for couples that have experienced infidelity. Overall, this book has done an amazing job informing couples of issues to address, as well as giving them a roadmap to address these issues. Anyone who has experienced infidelity would do well to read Overcoming Betrayal.- Douglas Weiss, Ph.D., President of the American Association for Sex Addiction Therapy (AASAT) ..". opened up my world to becoming a better person... My partner now has a book that answers her questions."- WS, In recovery

Rebecca Rosenblat is a Registered Psychotherapist, Certified Sex Addiction Therapist, and Couple's Counselor, who specializes in trauma and betrayal work. Rebecca has hosted five TV shows (more viewers than David Letterman's Late Show in her broadcast region), plus two radio shows. In total, she's given more than 1,000 hours of guidance to millions of people worldwide. Beyond that, Rebecca has written seven published books: An Eastern Seduction; Smooth as Silk; Broken Promises; How to Drive Your Lover Wild with Pleasure; Seducing your Man - the honeymoon was just the beginning; Sexual Power; and now, Overcoming Betrayal. Rebecca lives in

Toronto with her family, where she runs her private practice, is an associate at a clinic, and teaches, transforming thousands of lives. Her passion is to help people become the best they can be; and have the best relationships possible! To learn more about Rebecca, please visit the author's website: www.TalkWithRebecca.com. To reach Rebecca, book an appointment, register for an intensive, or access free articles, video clips, and social media posts, visit: www.RelationshipAndSexuality.com. "It's your life; make it exceptional!" Rebecca

As someone who has had to deal with infidelity, I found considerable value in Overcoming Betrayal - The Breakthrough Therapeutic Approach. Author Rebecca Rosenblat, a psychotherapist, takes the unusual approach of looking at both perspectives - that of the betrayed person and the betrayer - to determine what conditions may have led to infidelity and how the relationship can be healed. This balanced approach is a welcome change from other books that only consider the victim's pain, while leaving unaddressed the reasons why unfaithfulness may have occurred and how the relationship can best be restored. The author truly provides a wealth of very insightful, helpful advice - highly recommended reading for those who want to understand, heal and grow.

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